



Sweetwater Academy
Menu
July 23-27, 2018



All milk is whole milk for 1-year old's, and all milk is 1% milk 2 yrs. and up. *(WG) Whole Grain

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk Sliced Apples Honey Nut Cheerios	Milk Slice Oranges Mini Blueberry Waffles	Milk Diced Peaches Cheese Grits	Milk Tropical Fruit Egg w/ WG Biscuits	Milk Bananas Cinnamon Rolls
Lunch	Milk Applesauce Green Peas Beef-A-Roni WG Noodles	Milk Sliced Oranges Corn WG Cheese Pizza	Milk Green Beans Mashed Potatoes Cod Fish WG Rolls	Milk Fruit cocktail Carrots Chicken Nuggets WG Rolls	Milk Celery Sticks Sliced Apples Chicken Salad Sandwiches WG Bread
P.M Snack Menu Subject to change	Water Graham Crackers Peaches	Water W/G Ritz Crackers Wow Butter	Watermelon Juice Wheat Thins	Water Cheddar Cheese on cheese crackers	Grape Juice Goldfish Crackers